



www.youngtownfitness.com.au

- : A Fully Equipped Gym
- : Personal Training and Group Training
- : Over 20 Classes a Week
- : Solarium and Vibrosaun
- : Massage (Relaxation, Remedial & Sports)
- : Personal Boxing Tuition
- : Sauna
- : Shower and Bathroom facilities
- : Free off street parking
- : Open 7 Days a Week

MEMBERSHIP OPTIONS

GYM ONLY

GOLD PASS

SOLARIUM/VIBROSAUN

Direct Debit	\$25.00/Fortnight*	\$35.00*
3 Months	\$200.00	\$240.00
6 Months	\$350.00	\$420.00
12 Months	\$600.00	\$720.00

Single Session	\$10.00
5 Sessions	\$40.00
10 Sessions	\$65.00

NB: Both Membership Options above inc. Sauna

MASSAGE

1/2 Hour	\$30.00
1 Hour	\$50.00

OTHER OPTIONS

Single Session Class Only	\$10.00
10 Session Classes Only Card	\$80.00
20 Session Classes Only Card	\$150.00
10 Session Gym Only Card	\$85.00
20 Session Gym Only Card	\$170.00
Single Session Gym Only	\$10.00
Single Session Sauna	\$5.00
Single Session Gym or Class Inc. Sauna	\$15.00

PERSONAL TRAINING

Single Session	\$40.00
10 Sessions	\$360.00

PERSONAL BOXING TUITION

Single Session	\$50.00
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Youngtown Health & Fitness—255 Hobart Road, Kings Meadows

For more information on the great facilities and memberships options contact the team at

Youngtown Health & Fitness on 6343 2015 or fitnessoptions@bigpond.com

Prices subject to change without notice

**Direct Debit is for a minimum of 12 months*

OPEN

Monday - Thursday	6:00am - 8:30pm
Friday	6:00am - 7:00pm
Saturday - Sunday	7:00am - 1:00pm
Public Holiday	7:00am—1:00pm

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255 Hobart Road, Youngtown

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